



Reflect

Stage

3

30 mins



Skills builder

Voicing our values



Aim of activity

Music's a great way to celebrate and express the things we care about most. Make up a song celebrating your unit's values. You never know, you may even start a new tradition!

What you'll get out of it

- Refresh what you know about Girlguiding's values.
- Explore values you share with others.
- Express and celebrate your shared values.

What you'll need

- Paper
- Pens



WE DISCOVER, WE GROW

Girlguiding



Reflect

Does your unit have a special song? Songs can be a great way to remember and celebrate the values we share in guiding. Now's your chance to have some fun creating a silly song with a serious message.

What to do

1 Get into small groups, with a sheet of paper and pen, and find a space to sit in. Talk about the values you feel you share with girls in your unit, girls in the wider Girlguiding family, and members of WAGGGS (the World Association of Girl Guides and Girl Scouts) all over the world.

Top tip

A value is something that's really important to a person and helps to guide how they act, for example kindness, honesty or fairness.

Start by thinking about the Promise, and the values it talks about:

*I promise that I will **do my best**, to be **true to myself** and **develop my beliefs**, to **serve the Queen and my community**, to **help other people** and to **keep the (Brownie) Guide Law**.*

2 Come back together as one group and talk about your ideas. What values do you all share? Make a note of your ideas and put it somewhere everyone can see.

3 Now get back into your groups – it's time to set your values to music and become lyrical masters! Your challenge is to create song lyrics and sing them to the tune of 'If you're happy and you know it'.

Try it this way

If you'd rather use a different tune, go for it!

4 As a group, come up with four new lines that each talk about a different value you all care about. Each line needs to start with 'If...' and finish with an action that anyone in the unit can perform. For example:

- 'If you think we are all equal... clap your hands!'
- 'If you're a good friend to all Guides... wiggle your nose!'
- 'If you always try your hardest... touch your toes!'
- 'If you're following your dreams... jump around!'

Your lines should be about the same length as the lines of the original song, otherwise it might be hard to sing!

5 Practise singing your song together. When you reach the part that usually goes 'If you're happy and you know it, and you really want to show it', sing instead '**If you want to show you care about all the things we share**' followed by the line you made up.

6 Come back together as one group and share the songs you've created. If you're having fun, don't stop there – put all the songs together to form one big song and sing it as a group!

Try it this way

Try singing your songs in different styles. For example, as fast as you can, in a really high-pitched voice or replacing some of the words with actions.