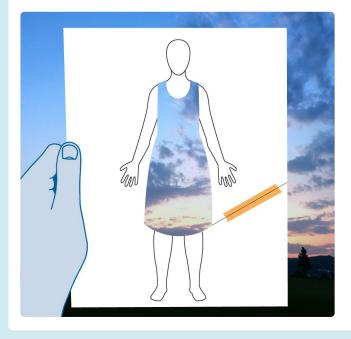


## Nature patterns



**The outside world is so beautiful.** We use it to inspire us everywhere we go – in stories, our clothing, or even décor. Look around your home for anything that takes inspiration from the outside world and jot it down here. It could be house plants, a painting of a garden or even a jungle print top.

Flowers, trees, grass and even the sky can be used to create art. Have you ever heard of cut-out silhouette art? It's where you draw anything you like, cut it out, and use the remaining paper to make a piece of art. You can see an example below.



On the next page we've given you a mannequin outline. Design an item of clothing – it can be anything from an evening gown to a pair of high-top trainers.

2 Draw the items on the mannequin and then cut out the items, trying to leave the outside white paper together as much as possible. You might need to tape your cut back up.

3 It's time to find your fabric inspiration. You might think of sunflower summer dresses or sky and cloud flip flops. Then take your cut-out silhouette outside. Look around you and find your fabric. It could be a bush with flowers, some bright green grass, the sand on a beach or even the night sky. Hold your cut-out up in front of it. See how it looks like the fabric of your clothing item?

Take a photo and try experimenting with different backgrounds to find your favourite.

Stay safe! If you're going outside let a trusted adult know your plans. Share your creations with us using #AdventuresAtHome



