

# ECB & GIRLGUIDING I TRIED CRICKET BADGE

AGES 5 - 8: RAINBOWS AND BROWNIES



# INTRODUCTION



Girls enjoy taking part in sport and being active but may not be clear about where they can access it outside of school. We know that in the Girlguiding Girls' Attitude Survey 2016, cricket was listed as one of the sports that girls would like more opportunities to play.

We know that Girlguiding think girls should be encouraged to try new activities, discover new skills and be given an equal offering in terms of sports available to them and is something that we also believe in at the ECB.

As Girlguiding begins to deliver a new strategy, we believe that the 'I tried Cricket badge' will help you to deliver your strategic objectives.

There has never been a more exciting time for girls to take up cricket with the England Women and Men the current One Day World Champions.



# INTRODUCTION



We launched a mass participation programme called All Stars Cricket in 2017, a fully inclusive programme aimed at giving 5 - 8 years olds the best first experience of the game. The programme and activities centre around holistic child development, with participants encouraged to focus on their personal best.

We would love for more girls to feel they can enjoy the opportunities available to them by getting involved at their nearest ASC centres. To support this we have created an 'All Stars Cricket - I tried Cricket badge', introducing them to the programme and showing what they can achieve.

There are two badges available and we have outlined what's required to achieve them. What's more, if they sign up to their nearest ASC centre, they'll be able to collect another 8 badges across the programme.



# WHY ALL STARS CRICKET?



## All Stars Cricket

- Fully inclusive Entry level programme for 5-8 year olds
- Emphasis on fun, being active and developing at their own pace
- Providing a great first experience of cricket
- Includes a bonus pack of cricket kit and opportunities to attending international cricket matches
- Over 2000 centres delivering nationally from May each year
- More information; <https://www.ecb.co.uk/play/all-stars>
- Network of County Cricket Boards and All Stars Centres ready to support
  - The offer may vary depending on the CCB, their size and capacity as well as the location of their ASC centres relative to your unit

## GIRLGUIDING MISSION

Whoever they are, wherever they're from, girls and young women can do amazing things - we give them the chance



# HOW CRICKET CAN HELP YOU DELIVER YOUR STRATEGIC OBJECTIVES



Developing the youth experience – outside the core offer

Non-unit based/ outdoors experience

- ✓ Engage Partners
- ✓ Support Adult volunteers: skill development and confidence

Young Volunteering 12 to 18 years

Skills and learning for young people

Connect girls with Inspiring role models

- ✓ ASC can contribute towards 40% non-core activity with opportunities to participate at local ASC centres whilst gaining their badge
- ✓ Working with the ECB, local County Cricket Boards and ASC centres you will have the opportunity to engage partners outside Girlguiding
- ✓ Adult volunteers in your Unit will have access to free training giving them the skills and confidence needed to deliver the badge
- ✓ It's also a great way to get parents involved as they take part in activity alongside their daughter

- ✓ Free Activator Training
  - ✓ Unit leaders and young volunteers will have access to training provided free of charge, giving them the skills, knowledge and confidence to deliver the badge
  - ✓ Young volunteers will develop skills to support them beyond Girlguiding

- ✓ Access to exclusive ASC Money Can't Buy Experiences
  - ✓ Local and International opportunities

# THE OFFER...



## County Cricket Board Offer

- The offer may vary depending on the CCB, their size and capacity as well as the location of ASC centres relative to your unit
  - Supporting linking you to a local All Stars Cricket centre to help deliver the 'I tried cricket badge'
  - Distribution of ASC promotional material
  - Taster activity (unit venue or ASC centre)
  - Parent engagement event
  - Activator training (to run your own ASC programme)
- Access to exclusive ASC Money Can't Buy Experiences
  - Local and international opportunities



\*Contact details for the ASC lead at your local CCB are included at the end

[ecb.co.uk](http://ecb.co.uk)

# CRICKET'S OFFER ACROSS AGE-GROUPS



AGE	5-6	7-10	10-14	14-18	ADULT
GIRLGUIDING STAGE	<b>RAINBOWS</b> Learning & doing by having fun	<b>BROWNIES</b> Trying new things	<b>GUIDES</b> Badges & Awards	<b>RANGERS</b>	<b>UNIT LEADERS &amp; HELPERS</b>
<b>OFFER TO GIRLGUIDING</b>	<b>I TRIED CRICKET BADGE</b> Learn the skills	<b>DYNAMOS BADGE</b> (Coming Soon) Learn to play		<b>JUNIOR ACTIVATORS</b> Young volunteering	<b>ACTIVATOR TRAINING</b> Access to training
<b>WIDER CRICKET OFFER</b>	<b>ALL STARS CRICKET</b> Learn the skills	<b>DYNAMOS CRICKET</b> Learn to play	<b>GIRLS CLUBS</b>	<b>WOMEN'S SOFTBALL CRICKET</b>	

# ALL STARS CRICKET

## I TRIED CRICKET BADGE

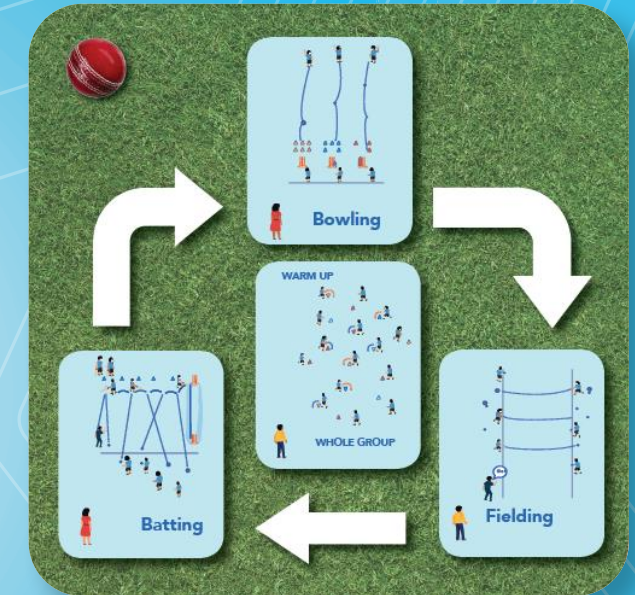




# I TRIED CRICKET BADGE....



- There are two badges available for girls to collect with the details of what's required included below
  - Whilst the badge is primarily aimed at girls aged 5 – 8, those at the top end of Brownies are still welcome to participate
- I Tried Cricket badge
  - Delivered at your unit venue
  - Can be delivered across one or two sessions depending on time available (total 1hr needed)
  - Four ASC games
    - Volcanoes & Craters
    - Space Race
    - Star Skills
    - Orbit Bowling
- I Tried All Stars Cricket badge
  - Activities delivered at a local All Stars Cricket centre
  - Opportunity to run festival type activity with multiple units and girls involved
  - Activities will be delivered by Club Activators and/or CCB coaches alongside Unit leaders and volunteers
- Equipment: please see next steps for more information



Sessions should last no longer than an hour with each activity running for around 15 minutes. If your girls are struggling then please adapt the session to keep it as fun as possible with ideas on how to do this included on the activity card.

# I TRIED CRICKET BADGE....



## Next steps and what you need to do....

- Equipment
  - Your local ASC centre will bring the equipment required if delivering on your behalf
  - Where there is no centre locally, the CCB can loan you some equipment or you can adapt the session based on what you may already have.
- Delivery
  - We have provided an overview of the activities and how to run them below
  - Videos and an explanation are available at <http://icoachcricket.ecb.co.uk/>
  - Speak to your local CCB or All Stars Centre who would be happy to support you in running the activities
- Find your nearest All Stars Cricket centre here;  
<https://www.allstarscricket.co.uk>
- Contact us and we will put you in touch with your nearest CCB;  
[allstarscricket@ecb.co.uk](mailto:allstarscricket@ecb.co.uk) or 0800 0857998

**BADGES - STICKER PULL OUTS**

**COLLECT YOUR ALL STARS CRICKET BADGES!**

**Collect them all!**  
Give this sheet to a grown up and when you complete each weekly activity, they'll give you a skills badge to put in your All Stars Cricket Activity Booklet!

**YOU CAN GIVE A STICKER!**  
Now it's your turn! Give these special stickers to a grown up when they join in with one of your All Stars Cricket sessions!

**Learned in your All Stars Cricket session!**

**Now it's your turn!** Give these special stickers to a grown up when they join in with one of your All Stars Cricket sessions!

These three stickers are 'fun stickers'. It's up to you where you want to stick them. You could even give them to a friend!

**Don't lose your bat!**  
Write your name on this sticker then put it on the side or back of your bat.



# VOLCANOES AND CRATERS



- Aim**
- Get ready for action
  - Different whole-body movements
  - Teamwork.

- Equipment**
- Blue cones
  - Orange cones

- Organisation**
- Two teams – volcanoes and craters
  - Spread cones out over playing area as volcanoes (down) and craters (up)
  - The teams turn as many of their opposition's cones over as possible
  - Cones cannot be protected
  - Use different types of movement around playing area
  - Count the cones at the end to decide a winner.

- CHANGE IT! Adaptation / Variation**
- Easier:**
- Use cones only without balls
  - Use two hands to turn cone over
  - Match players to ability/age
  - Decrease size of playing area
- More Challenging :**
- Different movement pattern around the space - eg hop/skip/side gallop
  - Introduced balls or beanbags
  - Play with uneven numbers in team
  - Give one team a head start

**COMPETITION CORNER**  
Creating teams with uneven numbers, with less developed or younger All Stars in the bigger team, can be a great way of levelling the playing field and challenging older and more developed All Stars.

**GET THE ADULTS INVOLVED**  
Adults versus All Stars in this game can be great fun but maybe also ask the kids to come up with different ways to move around the space.



## 63rd Rotherham (Holy Trinity) Rainbow Unit Leader: Keeley Stephenson

“The activities are very easy to run in the unit place even if you don't have lots of room. You can see how each activity links to the game – lets hope we get some future stars!”



# THE SPACE RACE



- Aim**
- Watch and hit a moving ball with a free swing of the bat.

- Equipment**
- Blue cones
  - Orange cones
  - Bat
  - Ball

- Organisation**
- Players need to visit as many 'planets' (sets of cones) as possible by dribbling the ball with their bat
  - Players can visit the planets in any order
  - Activator should aim to get as many players moving as possible
  - With more space, include more planets.

- CHANGE IT! Adaptation / Variation**
- Easier:**
- Use larger ball
  - Decrease the size of the course and /or increase the size of the planets
  - Play in teams
  - Move around without the ball.
- More Challenging:**
- Sidestep/different ways of moving between each planet; figure 8 at each planet
  - Bounce ball on bat
  - Use stump instead of a bat.

**COMPETITION CORNER**  
Working in pairs and having a time limit to meet as many planets as possible will create a more exciting and competitive game.

**GET THE ADULTS INVOLVED**  
To make things more fun and challenging for your All Stars introduce adults into the space to act as 'aliens' that get in the way and other adults with beanbags that they can throw at the balls as 'meteors'.



# SOCIAL MEDIA: MONEY CAN'T BUY OPPORTUNITY



We'd love for you to share your experience of completing the badges with us on social media and any units who do this before the end of May will be in with a chance to win some exciting money can't buy opportunities;

- Tickets to watch an England Women's Fixture
- England Women's Player Visit
- Signed England Women's Cap

To be entered into the prize draw you will need to do the following;

- Tag one of our All Stars channels listed here into your post
- Tag the ASC centre or CCB who support delivery into the post
- Use the hashtags #AllStarsCricket and #Girlguidingcricket

- **FACEBOOK @AllStarsCricket**

<https://www.facebook.com/AllStarsCricket/>

- **TWITTER @allstarscricket**

<https://twitter.com/allstarscricket>

- **INSTAGRAM @allstarscricket**

<https://www.instagram.com/allstarscricket/?hl=en>

# WANT TO BE INVOLVED GET IN TOUCH

allstarscricket@ecb.co.uk  
0800 085 7998

And we will connect you to your local CCB  
and All Stars Cricket centre for support

